



# Breathe Minnesota!

October 19-21, 2018

Holotropic Breathwork + Sound Medicine + Horses

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**A JOURNEY INWARD**

Holotropic Breathwork  
+ Sound Medicine + Horses

with Grof-Certified Facilitators Kirsten Kairos & Dory Perry MEd  
and Sara Sherman, Connection Specialist and Founder of Discovery Horse

**OCTOBER 19-21, 2018 / \$325**  
**DANDELION FARM, FORT RIPLEY, MN**

Register: [discoveryhorse.com/breathe](https://discoveryhorse.com/breathe)