## WHO ARE WE?

Discovery Horse is a behavioral health and mental wellness agency situated on a 15-acre therapeutic farm in Fort Ripley, Minnesota. The staff at Discovery Horse offers NeuroRelational Coaching<sup>TM</sup> in a multidisciplinary approach in working with children and families in crisis. At Discovery Horse, we model operating an organization based on healthy relating principles from the bottom-up – we encourage the personal work that provides a solid foundation to providing services in a healthy, authentic way – without self-sacrifice and the resulting burn out that is so common in our fields.

### **OUR MISSION:**

Our mission is to create an environment where anyone can come to new understandings about themselves, practice new ways of being, and carry the value of connection and their own wisdom forward into their everyday lives. We value safety, authenticity, collaboration, and trust as means toward intentional relationship building. We have a vision where we believe in a world where every being feels belonging, feels security, and feels a strong sense of self - so that no matter what is going on around them, each can hear their own wisdom.

### WHO ARE YOU?

Connected, passionate and motivated. Driven, with an entrepreneurial spirit. Resourceful, innovative, forward thinking and committed. At Discovery Horse, LLC, our people embrace these qualities, so if this sounds like you then please read on!

### WHAT THIS ROLE WILL DO

The Discovery Horse Intern is an integral part of the growth and sustainability of the Discovery Horse team. An Intern is studying psychology, social work or other social services specialities in a secondary education institution. Interns are primarily focused on education and observation in preparation for a role in the field of social and human services. Interns are committed to the practice of self-awareness and personal accountability in all relationships. Discovery Horse works with children, families, and groups in crisis. Our Interns observe and participate in client work with children and families on the farm, in home and in the community, developing real relationships and affecting real change in the family unit. At Discovery Horse, LLC, we are committed to creating a work environment where all employees are trained in and apply the principles of secure attachment in all relationships.

### **General Responsibilities:**

• Believes that the relationship is the intervention from which all else grows.



- Belief in and commitment to concept that the practitioners nervous system state and relationship are the primary intervention
- Develops a safe and secure relationship with the child and their caregivers providing consistency, accountability, and a willingness to be accountable for oneself.
- Practices and maintains principles of secure attachment in all relationships.
- Practices self-awareness and openness to feedback, seeking opportunities to learn.
  - o This position requires the aptitude and appetite for learning.
- Is an active participant in the everyday learning opportunities observing case consults, collaborative meetings, scheduling and other key functions of the work at Discovery Horse.
- Required to complete Discovery Horse training in HIPAA, DHS Training, Discovery Horse employee onboarding and Being With (TM) training.
- Completes administrative task relating to client documentation.
  - o Prepares and records notes in client profiles
  - o Studies client cases, reads case notes prior to observation
  - o Completes case notes as requested
  - o Learns and participates in the case noting process
- Participates in client treatment planning and service planning processes
- Participates in the operational responsibilities of the Discovery Horse Farm
  - o Completes farm chores
  - Learns the scope and care it takes to maintain the property, perform animal care and the intersection of these chores with our practice through brain, nervous system and relationship practices at Discovery Horse.
- Supports practitioners in the session preparation
  - o Supports Group, Individual and Field sessions
  - o Sets up and tears down on site, home, community and group sessions
  - o Learns to anticipate client needs and desires for the sessions from the practitioner
  - o Completes session reflection exercises
- Responsible for managing personal burnout and educating and supporting others in doing the same. Proactively works to prevent burnout and asks for help and support.

## **Intern Requirement Responsibilities:**

- Completes required Supervision Hours
- Willingness to learn and grow as a practitioner to include a commitment to ongoing personal growth and self-awareness.
- Must be able to use various software and technology for interacting / communicating with clients, client documentation and billing.

### SAFETY SENSITIVE POSITION

This position is deemed as a "Safety Sensitive Position." Company employees occupying a position considered "Safety Sensitive" under Minnesota law, in which, in the opinion of management, impairment caused by drug, cannabis, or alcohol usage would threaten the



health of safety of any other person may be subject to testing on a random selection basis, at the discretion of management or based on the requirements of a client.

## PREFERRED QUALIFICATIONS

- Education: High School Diploma, must be enrolled in secondary education program
- Competencies:
  - Customer Focus, Manages Complexity, Cultivates Innovation, Action Oriented, Plans and Aligns, Ensures Accountability, Interpersonal Savvy, Values Differences, Communicates Effectively, Instills Trust, Demonstrates Self-awareness, Manages Ambiguity
- Position requires constant walking, climbing stairs, lifting and carrying 50+ lbs. and occasional sitting.

### **EQUAL EMPLOYMENT OPPORTUNITY**

We are passionate and committed to our people and go beyond the rhetoric of diversity and inclusion. You will be working in an inclusive environment and be encouraged to bring your whole self to work. We will do all that we can to help you successfully balance your work and homelife. As a growing business we will encourage you to develop your professional and personal aspirations, enjoy new experiences, and learn from the talented people you will be working with. It's talent that matters to us and we encourage applications from people irrespective of their gender, race, sexual orientation, religion, age, disability status or caring responsibilities.

Discovery Horse, LLC strongly supports equal employment opportunity for all applicants regardless of age (40 and over), ancestry, color, religious creed (including religious dress and grooming practices), family and medical care leave or the denial of family and medical care leave, mental or physical disability (including HIV and AIDS), marital status, domestic partner status, medical condition (including cancer and genetic characteristics), genetic information, military and veteran status, political affiliation, national origin (including language use restrictions), citizenship, race, sex (including pregnancy, childbirth, breastfeeding and medical conditions related to pregnancy, childbirth or breastfeeding), gender, gender identity, and gender expression, sexual orientation, or any other basis protected by applicable federal, state or local law, rule, ordinance or regulation.

We also afford equal employment opportunities to qualified individuals with a disability. For this reason, Discovery Horse, LLC will make reasonable accommodations for the known physical or mental limitations of an otherwise qualified individual with a disability who is an applicant consistent with its legal obligations to do so, including reasonable accommodations related to pregnancy in accordance with applicable local, state and / or federal law. As part of its commitment to make reasonable accommodations, Discovery



Horse, LLC also wishes to participate in a timely, good faith, interactive process with a disabled applicant to determine effective reasonable accommodations, if any, which can be made in response to a request for accommodations. Applicants are invited to identify reasonable accommodations that can be made to assist them to perform the essential functions of the position they seek. Any applicant who requires an accommodation in order to perform the essential functions of the job should contact Discovery Horse, LLC to request the opportunity to participate in a timely interactive process. Discovery Horse, LLC will also provide reasonable religious accommodations on a case-by-case basis.

