



## Trauma-Focused Equine Assisted Psychotherapy 3-Day Training

### Natural Lifemanship™

The new standard in equine-assisted psychotherapy

**Join us June 16th - 18th at Discovery Horse to learn the  
Fundamentals of Natural Lifemanship.**

**Based on the modern neurobiology research that has spurred  
the movement toward trauma-informed care, Natural  
Lifemanship's TF-EAP™ is truly the new standard in EAP.**

- Learn to employ horses intentionally in the therapeutic process to treat clients who suffer from unresolved trauma and trauma-related disorders.
- Help clients strengthen their physiological capacity for self-regulation and reform dysfunctional relationship patterns stemming from complex relational trauma.
- TF-EAP™ is a process that benefits both human and horse and treats them as equal partners in the relationship.
- Learn the science and experience the principles while working with horses in this 3-day training.

This training is intended for EAP practitioners, but is open to anyone with an interest in trauma-informed care, healthy intra- and interpersonal relationships, and horse-human partnerships. No prior horse experience is required.

Natural Lifemanship is an approved continuing education provider. We offer 18.75 CE hours from NAADAC and NBCC.

**[For more information visit:  
www.NaturalLifemanship.com](http://www.NaturalLifemanship.com)**

Training Hosted By:



Join Us!  
June 16th - 18th  
Discovery Horse  
2748 County Rd 122  
Fort Ripley, MN 56449